

RELATIONSHIP BETWEEN TYPE III SECRETION TOXINS, BIOFILM FORMATION, AND ANTIBIOTIC RESISTANCE IN CLINICAL *PSEUDOMONAS AERUGINOSA* ISOLATES

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ВЗАИМОСВЯЗЬ МЕЖДУ ТОКСИНАМИ III ТИПА СЕКРЕЦИИ, ОБРАЗОВАНИЕМ БИОФИЛЬМА И АНТИБИОТИЧЕСКОЙ РЕЗИСТЕНТНОСТЬЮ В КЛИНИЧЕСКИХ ИЗОЛЯТАХ *PSEUDOMONAS AERUGINOSA*

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Abstract

Background and objective: *Pseudomonas aeruginosa* is considered as a notorious pathogen due to its multidrug resistance and life threatening infections. We investigated the relationship between type III secretion toxins, biofilm formation, and antibiotic resistance among clinical *P. aeruginosa* isolates.

Methods: A total of 70 genetically distinct clinical *P. aeruginosa* isolates were characterized for antibiotic resistance by disk diffusion assay. Biofilm formation was evaluated by microtiter plate method and presence of four *exo* genes (*exoS*, *exoU*, *exoT*, and *exoY*) was investigated by polymerase chain reaction. A P value <0.05 was regarded statistically significant.

Results: The most effective antibiotics were meropenem and piperacillin. Multidrug resistance was more prevalent in the ciprofloxacin -resistant isolates than in the - susceptible isolates. The most frequently identified *exo* was *exoS* (37.1%). Genotype *exoS/exoT* was found in 4 isolates, while genotype *exoU/exoT* was not found. Prevalence of *exoS* was generally higher in the susceptible isolates than in the resistant isolates. A significant association was found between the formation of strong biofilm and resistance to antibiotics (P<0.05). Prevalence of *exoY* and *exoU* was higher in the non-strong biofilm producers compared to the strong biofilm producers.

Conclusion: Our study revealed formation of strong biofilm along with antibiotic resistance and the presence of *exo* genes in *P. aeruginosa* isolates. Knowledge of virulence gene profiles and biofilm formation may be useful in deciding appropriate treatment.

Keywords: *Pseudomonas aeruginosa*, biofilm, type III secretion system, drug resistance, virulence, exoenzyme

Резюме.

История вопроса и цель: *Pseudomonas aeruginosa* считается печально известным патогеном из-за своей множественной лекарственной устойчивости и вызываемых им опасных для жизни инфекций. Мы исследовали взаимосвязь между токсинами секреции III типа, образованием биопленок и устойчивостью к антибиотикам среди клинических изолятов *P. aeruginosa*.

Методы: Диско-диффузионный анализ был использован для оценки устойчивости к антибиотикам у 70 генетически отличных клинических изолятов *P. aeruginosa*. Образование биопленок оценивали в микротитрационном планшете, а наличие четырех экзогенов (exoS, exoU, exoT и exoY) исследовали с помощью полимеразной цепной реакции. Значение $P < 0,05$ считалось статистически значимым.

Результаты. Наиболее эффективными антибиотиками были меропенем и пиперациллин. Множественная лекарственная устойчивость была более распространена у изолятов, устойчивых к ципрофлоксацину, чем у чувствительных изолятов. Наиболее часто выявляемым экзоном был exoS (37,1%). Генотип exoS / exoT обнаружен у 4 изолятов, а генотип exoU / exoT не выявлен. Распространенность exoS, как правило, была выше у чувствительных изолятов, чем у устойчивых изолятов. Была обнаружена достоверная связь между образованием прочной биопленки и устойчивостью

к антибиотикам ($P < 0,05$). Распространенность *exoY* и *exoU* была выше у продуцентов несильных биопленок по сравнению с продуцентами сильных биопленок.

Заключение. Наше исследование выявило формирование прочной биопленки наряду с устойчивостью к антибиотикам и наличием экзогенов у изолятов *P. aeruginosa*. Знание профиля генов вирулентности и образования биопленок может быть полезно при выборе соответствующего лечения.

Ключевые слова: *Pseudomonas aeruginosa*, биопленка, система секреции III типа, лекарственная устойчивость, вирулентность, экзофермент.

1 **1. Introduction**

2 *Pseudomonas aeruginosa* is a ubiquitous gram-negative bacterium capable of
3 causing a wide range of diseases. Prominence of *P. aeruginosa* as a life threatening
4 and a successful opportunistic pathogen is attributed to production of a diverse
5 repertoire of virulence factors and its high resistance to diverse classes of
6 antimicrobial agents [1]. Aminoglycosides, beta-lactams, and fluoroquinolones are
7 three major classes of current anti-pseudomonal agents. Among these,
8 fluoroquinolones are the best available agents for treatment. However, resistance to
9 fluoroquinolones among *P. aeruginosa* has risen dramatically. More seriously,
10 resistance to fluoroquinolones is often associated with cross-resistance to other
11 antibiotics [2].

12 Furthermore, *P. aeruginosa* is well equipped with numerous pathogenic factors
13 contributing to its virulence. Many of these factors are variable traits and their
14 prevalence may vary from one type of infection to another type (i.e. they are
15 present in some isolates but not in others) [3]. Type III secretion system (T3SS) is
16 an important virulence determinant of *P. aeruginosa* that injects four exotoxins
17 directly into host cells: Exoenzyme S (ExoS), Exoenzyme U (ExoU), Exoenzyme
18 T (ExoT), and Exoenzyme Y (ExoY). The first identified *P. aeruginosa* T3SS
19 toxins, ExoT and ExoS are closely related bifunctional proteins which are able to
20 disrupt the host cell actin cytoskeleton, inhibit phagocytosis, induce host cell
21 rounding, and cause cell death. ExoS and ExoT exhibit activity towards G-
22 proteins of the Rho, Ras, Rac, and Cdc42 families [1]. ExoY is an adenylate
23 cyclase that cleaves the intracellular cAMP in eukaryotic cells and causes cell
24 rounding upon co-cultivation with tissue culture cells. The fourth and the most
25 virulent effector, ExoU, possesses phospholipase activity and disrupts eukaryotic
26 membranes in many cell types. *P. aeruginosa* strains can be divided into two

27 groups. ExoU and ExoT producing strains are poorly internalized and cause rapid
28 host cell death. While, ExoS and ExoT producing strains are more efficiently
29 internalized and cause slower cell killing. *P. aeruginosa* strains contain either *exoU*
30 or *exoS*, but rarely both [4]. Additionally, some studies reported that *exoS*⁺ and
31 *exoU*⁺ strains have different antibiotic resistance patterns [1, 5]; therefore, they
32 may require different therapeutic strategies.

33 Tendency to form biofilms in *P. aeruginosa* has also been correlated with its
34 ability to cause severe infections. One of the main components of these biofilms is
35 an exopolysaccharide called alginate, which is encoded by *algD* gene. The ability
36 of *P. aeruginosa* to form biofilm further complicates the problem of its high
37 antimicrobial resistance [3].

38 Knowledge of drug resistance patterns can be helpful in understanding and
39 predicting clinical outcomes of patients and information about virulence gene
40 profiles and biofilm formation may be useful for deciding appropriate antibiotic
41 treatment. Given the importance of T3SS and biofilm in the pathogenesis of *P.*
42 *aeruginosa* infections, this study was performed to determine relationship between
43 T3SS toxins- encoding genes, antibiotic resistance, and biofilm formation in
44 clinical *P. aeruginosa* isolates

45

46 **2. Materials and methods**

47 **2.1. Bacterial isolates and identification**

48 In this cross-sectional study, 70 *P. aeruginosa* isolates were collected from
49 different specimens of patients admitted to two teaching hospitals in Sanandaj,
50 Iran. Sanandaj is the capital of Kurdistan province in western Iran. Patients are
51 referred to these two hospitals from all over the province. The isolates were

52 identified as *P. aeruginosa* by the standard tests, including Gram staining, motility,
53 pigment production, oxidase, hemolysis, odor, oxidation and fermentation test,
54 lack of carbohydrate fermentation, and citrate assimilation [6]. The genetic
55 diversity of the isolates was determined using the enterobacterial repetitive
56 intergenic consensus (ERIC)-PCR [7].

57 The isolates were stored in Trypticase soy broth (TSB, Que -lab, Canada)
58 containing 15% glycerol at -70°C until further tests. This study was approved by
59 Research Ethic Committee (REC) at Kurdistan University of Medical Sciences
60 [IR.MUK.REC.1396.328].

61 **2.2. Antibiotic susceptibility test**

62 Antimicrobial susceptibility of the isolates was determined by the disk diffusion
63 method according to the 2019 Clinical and Laboratory Standards Institute (CLSI)
64 guidelines [8]. The following antibiotic disks (all from Rosco, Denmark) from
65 three antipseudomonal categories were tested: aminoglycoside [amikacin (30 µg)
66 and gentamicin (10 µg)], beta-lactam [cefepime (30 µg), piperacillin (100 µg),
67 aztreonam (30 µg), ceftazidime (30 µg), meropenem (10 µg), and imipenem (10
68 µg)], and fluoroquinolone [ciprofloxacin (5µg)].

69 Briefly, Mueller-Hinton agar (Que-lab, Canada) plates were inoculated with the
70 bacterial suspensions equal to the turbidity standard of 0.5 McFarland (1.5×10^8
71 colony forming unit/mL). Antibiotic disks were placed onto the inoculated plates
72 with the appropriate distance and the plates were then incubated at 35°C for 16-18
73 h. The inhibition zones around the disks were measured and interpreted according
74 to the 2019 CLSI criteria [8].

75 **2.3. DNA extraction and detection of genes**

76 Genomic DNA was extracted using the boiling method. Overnight cultures of the
77 isolates in TSB were centrifuged and Tris-EDTA (TE) buffer was added to the
78 pellets. The suspensions were boiled at 100 °C for 10 min and centrifuged. The
79 supernatants were then collected and after qualitative evaluation on agarose gel
80 (SinaClon, Iran) and quantitative evaluation by measuring the absorbance at 260
81 nm and by calculating the ratio of 260/280 to determine purity, were used as the
82 DNA templates for subsequent experiments. The ratio of 260/280 within the range
83 of 1.6-2 indicated the purity of DNA [9].

84 The *algD* and T3SS toxins- encoding genes *exoY*, *exoS*, *exoT*, and *exoU* were
85 amplified by polymerase chain reaction (PCR) method using the specific primers
86 shown in Table 1. PCR reaction was performed in a total volume of 25 µL as
87 follows: 1X reaction buffer, 0.2 mM of each dNTP, 0.4 µM of each primer, 1.5
88 mM MgCl₂, 0.5 U Taq DNA polymerase (SinaClon, Iran), and 3 µL template
89 DNA. The DNA was amplified in a thermal cycler (Eppendorf, Germany) using
90 the following conditions: initial denaturation step (94°C for 5 min), followed by 30
91 cycles of denaturation (1 min at 94°C), annealing (1 min at different temperatures
92 (Table 1)), and extension (1 min at 72°C), with a final extension at 72°C for 5 min.

93 The PCR products were analyzed by electrophoresis on a 1.5% agarose gel in 0.5X
94 Tris-Borate EDTA (TBE) buffer, stained with Safe Stain (SinaClon) and visualized
95 by UV transilluminator. A 100 bp Plus DNA ladder (SinaClon) was used as a size
96 marker.

97 **[Table 1 is here]**

98 **2.4. Biofilm formation assay**

99 Biofilm formation was performed according to the method of O'Toole [10].
100 Overnight cultures of the isolates were diluted to the turbidity equal to a

101 McFarland 0.5 standard in TSB medium and 100 μ L of the each dilution were
102 loaded into the wells of a flat-bottom 96-well microtiter plate (Jet Biofil, China).
103 After 24 h incubation at 37°C for biofilm formation, the supernatants were
104 removed and the wells were washed twice with distilled water. After discarding the
105 planktonic cells, the wells were stained with an aqueous solution of crystal violet
106 (0.1%, w/v) for 15 min at room temperature and washed twice with distilled water.
107 The microtiter plates were then dried for a few hours. The bound dye was
108 solubilized in 125 μ L of 30% (v/v) acetic acid and the plates were kept for 15 min
109 at room temperature to extract bound dye. The optical density (OD) of each well
110 was measured by using a microplate reader (Anthos Labtec, Netherlands) at 550
111 nm. *S. aureus* ATCC 25923 (biofilm forming) and *Staphylococcus epidermidis*
112 ATCC 12228 (not biofilm-forming) were used as controls. Sterile TSB was used as
113 the negative control. For biofilm formation assay, 4 wells per strain were used and
114 each test was repeated three times.

115 Biofilm density was classified according to the scheme of Stepanovic *et al.* [11].
116 The cut-off value (OD_c) for each microtiter plate was defined as three standard
117 deviations (SD) above the mean OD of the negative control: OD_c=average OD of
118 negative controls+ (3×SD of negative controls). Isolates were then classified into
119 the following categories, based on the average OD of the strain:

120 $OD \leq OD_c$ =no biofilm producer; $OD_c \leq OD \leq 2OD_c$ =weak biofilm producer;
121 $2OD_c \leq OD \leq 4OD_c$ =moderate biofilm producer; and $4OD_c \leq OD$ =strong biofilm
122 producer.

123 **2.5. Statistical analysis**

124 SPSS software version 16 (SPSS Inc., USA) was used for statistical analysis.
125 Pearson chi-square test and Fisher's exact test (where appropriate) were used to

126 determine the relationships. A P value <0.05 was regarded statistically significant.
127 Multidrug-resistant (MDR) was defined as non-susceptible isolates to at least one
128 agent in three or more different antimicrobial categories [12]. The isolates were
129 classified as strong biofilm producers or non-strong (moderate and weak) biofilm
130 producers for statistical purposes [13].

131 **3. Results**

132 In this study, 70 genetically distinct strains of *P. aeruginosa* were isolated from
133 different clinical specimens. The mean age of the patients was 56.3 years old. The
134 youngest patient was a 27 year old male and the oldest was a 91 year old male. The
135 age distribution of patients was as follows: 27-46 years (n= 22, 31.4%), 47-66
136 years (n= 30, 42.8%), and 67-86 years (n= 16, 22.8%).

137 Of the 70 isolates, 47 (67.1%) were isolated from males and 23 (32.9%) were from
138 females. The majority of the strains were isolated from urine (n=54, 77.1%)
139 followed by tracheal secretions (n=11, 15.7%), and blood (n=5, 7.1%).

140 **3.1. Determination of antibiotic susceptibility**

141 The most effective antibiotics were meropenem (n=62, 88.6% sensitivity) and
142 piperacillin (n=58, 82.8% sensitivity). They were excluded from statistical analysis
143 of difference among groups. The sensitivity to other antibiotics was as follows:
144 amikacin 55 (78.6%), imipenem 54 (77.1%), ceftazidime 53 (75.7%), cefepime 49
145 (70%), and aztreonam 41 (58.6%). The least effective antibiotics were
146 ciprofloxacin (n=29, 41.4% sensitivity) and gentamicin (n=27, 38.6% sensitivity).

147 A total of 27 resistance patterns were detected in the 70 isolates, while 21 isolates
148 (30%) were susceptible to all tested antibiotics. The patterns ranged from
149 resistance to one antibiotic to all the 9 antibiotics. Of the 70 isolates, 7 isolates
150 (10%) were resistant to one agent, 31 (44.3%) to 2 to 6 agents, and 11 (15.7%)

151 isolates showed resistance to 7 to 9 agents. The most frequently detected pattern
152 was resistance to ciprofloxacin and gentamicin combination (10/70, 14.3%)
153 followed by resistance to gentamicin (6/70, 8.6%). Of the 70 isolates, 29 were
154 MDR (41.4%). Co-resistance to three antipseudomonal categories
155 (fluoroquinolone, beta -lactam, and aminoglycoside) was found in 25 of the 70
156 isolates (35.7%) (Table 2).

157 Furthermore, pattern of resistance to other antibiotics was determined in the
158 ciprofloxacin - susceptible and -resistant isolates (Table 2). In the 29 ciprofloxacin
159 -susceptible isolates, 8 isolates (27.6%) were resistant to 1 to 3 agents and no
160 isolate was resistant to 5 to 9 agents. However, in the 41 ciprofloxacin -resistant
161 isolates, 18 isolates (43.9%) were resistant to 1 to 3 agents, and 23 isolates (56.1%)
162 showed resistance to 5 to 9 agents. Multidrug resistance was found in 27 (65.9%)
163 of the 41 ciprofloxacin -resistant isolates, while only 2 (6.9%) of the 29
164 ciprofloxacin -susceptible isolates were MDR.

165 **[Table 2 is here]**

166 **3.2. Prevalence of genes**

167 The genes encoding Exo toxins were found in 33 of the 70 isolates (47.1%), while
168 35 isolates (50%) carried no virulence genes. Of the 70 isolates, 26 (37.1%) carried
169 the *exoS* gene, 9 (12.8%) the *exoY*, 6 (8.6%) the *exoU*, and 4 isolates (5.7%)
170 carried the *exoT* gene. The *algD* was found in 5 isolates (7.1%). The simultaneous
171 presence of two genes was found in 11 isolates and only 2 isolates carried three
172 genes simultaneously (*exoS*, *exoY*, and *exoT*). Both strains were isolated from urine
173 and showed susceptibility to all tested antibiotics. No isolate carried the
174 simultaneous presence of four or five genes. Genotype *exoS/exoT* was found in 4

175 isolates, while genotype *exoU/exoT* was not found. None of the *exoU* + isolates
176 harbored the *exoS* (Table 3).

177 **[Table 3 is here]**

178

179 Because there are studies that reported *exoS*⁺ and *exoU*⁺ strains have different
180 antibiotic resistance patterns [1, 5]; we determined the prevalence of *exoS* in the
181 antibiotic- susceptible and -resistant isolates. With the exception of gentamicin, the
182 prevalence of *exoS* was higher in the susceptible isolates than in the resistant
183 isolates, although it was not significant. The *exoS* was found more frequently in the
184 isolates susceptible to ciprofloxacin followed by cefepime, imipenem, and
185 amikacin (Figure 1). Multidrug resistance was found in 10 of the 26 *exoS*⁺ isolates
186 (38.5%).

187 **[Figure 1 is here]**

188 **3.3. Biofilm assay**

189 Of the 70 isolates studied, all formed biofilm; of which 35 isolates (50%) formed
190 strong biofilm, 28 isolates (40%) moderate biofilm, and only 7 isolates (10%)
191 formed weak biofilm.

192 The resistant isolates formed strong biofilm more frequently compared to the
193 susceptible isolates. The formation of strong biofilm was more frequently found in
194 the isolates resistant to cefepime followed by ceftazidime, and aztreonam.
195 Significant associations were seen between formation of strong biofilm and
196 resistance to cefepime (P=0.019), aztreonam (P=0.008), and ciprofloxacin
197 (P=0.008) (Figure 2).

198 **[Figure 2 is here]**

199 In addition, the prevalence of *exo* genes was determined in the 35 strong and the 35
200 non-strong (moderate+ weak) biofilm producers. The *exoS* and *exoT* were equally
201 distributed between the two groups (37.1% and 5.7%, respectively); however, the
202 prevalence of *exoY* and *exoU* was higher in the non-strong biofilm producers
203 compared to the strong biofilm producers (20% vs. 5.7% for the *exoY*, and 11.4%
204 vs. 5.7% for the *exoU*, respectively). All of the five *algD* - positive isolates formed
205 strong biofilm.

206

207 4. Discussion

208 *P. aeruginosa* is considered as a notorious pathogen due to its multidrug resistance
209 and life threatening infections [1]. Our strains were mostly isolated from inpatients
210 and the majority of patients (42.8%) were between 47-66 years old, which can be
211 explained by the fact that *P. aeruginosa* infections mostly occur in people in the
212 hospital and /or with the weakened immune systems [14].

213 Fluoroquinolones, aminoglycosides, and beta lactams are three main antimicrobial
214 classes with reliable antipseudomonal activity. Among these, fluoroquinolones are
215 the best available treatment option [2]. A relatively high percentage of our isolates
216 (58.6%) showed resistance to ciprofloxacin which is in agreement with previous
217 studies in Pakistan [15] and Egypt [16]. The widespread use of fluoroquinolones
218 both in human and veterinary medicine may be responsible for the high resistances
219 to this class. In addition, resistance to fluoroquinolones was significantly
220 associated with cross resistance to other agents [2]. In our study, MDR isolates
221 were more frequently detected in the ciprofloxacin -resistant isolates.

222 *P. aeruginosa* is well equipped with numerous pathogenic factors contributing to
223 its virulence. T3SS in *P. aeruginosa* is an important virulence factor that transports

224 four proteins: ExoU, ExoS, ExoY and ExoT [1]. In our study, *exoS* showed the
225 highest prevalence (37.1%). In southern Iran [17] 35.8% and in Bulgaria [18]
226 37.6% of the isolates carried *exoS*, which were similar to our report. However,
227 studies in central Iran and Poland reported the prevalence rates of 77.7% [19] and
228 88.4% [20] for *exoS*, respectively, which were higher than that in our study.

229 While in our work the prevalence of *exoT* was 5.7%, which was similar to a study
230 in northwestern Iran (5%) [21], it was markedly lower than those reported by
231 others. For example, in central Iran [22] and in Poland [20], the prevalence rates of
232 20.4% and 94.4% were reported, respectively. Moreover, we observed a low
233 prevalence of the *exoY* (12.8%); while, in the northwest of Iran, 55% [21] and in
234 India, 91.3% [23] of *P. aeruginosa* isolates carried the *exoY*. The prevalence of the
235 fourth gene, *exoU* in our study was 8.6%. However, in a study from Iran a rate of
236 42.8% [19] and in Egypt a prevalence of 33% [16] were reported for *exoU*. The
237 lower prevalence of *exo* genes in our study may be due to differences in the source
238 of isolates or geographical regions. Many of the *P. aeruginosa* virulence factors
239 are variable traits and they are found in some isolates, but not in others [3]. For
240 example, Choy *et al.*, reported that the *exoU* is commonly found in *P. aeruginosa*
241 strains isolated from keratitis [24], whereas it occurs at low prevalence in the non-
242 ocular isolates [5] or the prevalence of *exoS* was significantly higher in isolates
243 from blood than those obtained from respiratory infections [18]. In addition, it is
244 possible that our strains were isolated from chronic infections. The expression of
245 the T3SS has been found to be downregulated in isolates from chronic phase of
246 infection, which is consistent with the notion that persistence of bacteria in the host
247 requires the down-regulation of many virulence factors [4].

248 In our study, a disagreement was seen in the distribution of *exoS* and *exoU* genes,
249 in consistent with other studies [1, 4, 5]. The *exoU* gene is located within a
250 genomic island and its acquisition may cause loss of the *exoS* [25]. The T3SS
251 system and its effectors were probably acquired by horizontal DNA transmission
252 and antibiotic rich environments could promote the evolution of more virulent
253 strains [4]. The prevalence of *exoS* in our study was generally higher in the
254 susceptible isolates compared to the resistant isolates. The higher prevalence of
255 this gene may contribute to the pathogenesis of antibiotic susceptible isolates. The
256 *exoS*⁺ strains may be protected from the action of antibiotics due to their ability to
257 invade mammalian cells and their residence inside cells [4]. Due to the small
258 number of *exoU*⁺ isolates, we couldn't determine association between the presence
259 of *exoU* and drug resistance; however, the presence of *exoU* has been correlated to
260 antibiotic resistance phenotypes in *P. aeruginosa* [5, 26]. The *exoU*⁺ strains may
261 have a survival advantage by having the potential to be more resistant.

262 Biofilm production has been considered as an important determinant of
263 pathogenicity in *P. aeruginosa* infections by facilitating the emergence of
264 antimicrobial drug resistance and by generating chronic infections. The alginate is
265 the most important component of *P. aeruginosa* biofilms [3]. A low prevalence of
266 *algD* (7.1%) was found in our isolates. The prevalence rates of 0 to 98% were
267 reported for *algD* in different studies [16, 27, 28]. The low prevalence of *algD* in
268 our study might be attributed to the high number of strains isolated from UTI.
269 There are reports that contribution of alginate in the urinary tract is thought to be
270 minimal [29, 30]. In addition, production of some other exopolysaccharides like
271 Psl and Pel may contribute to the formation of biofilm in *P. aeruginosa* [3]. The
272 prevalence of strong biofilm producers in our study was higher in the resistant
273 isolates than in the susceptible isolates, especially for cefepime, aztreonam, and

274 ciprofloxacin. The ability to form strong biofilm along with resistance to
275 antibiotics may cause high rates of failure in therapy of *P. aeruginosa* infections.
276 Furthermore, we found that *exoY* and *exoU* were more prevalent in the non-strong
277 biofilm producers. These results may indicate the importance of *exoY* and *exoU* in
278 the pathogenesis of non-strong biofilm producers of *P. aeruginosa*.

279 **Conclusion**

280 In conclusion, findings of the present study showed a relatively different
281 distribution of *exo* genes in clinical *P. aeruginosa* isolates from western Iran. The
282 formation of strong biofilm along with antibiotic resistance and presence of *exo*
283 genes may lead to severe diseases. Further in-depth studies are needed to determine
284 whether gene linkage on mobile genetic elements underlies the relationships
285 observed in our study. Knowledge of virulence gene profiles and biofilm formation
286 may be useful for deciding appropriate treatment.

FIGURES

Figure 1. Prevalence of *exoS* virulence gene in antibiotic -resistant and -susceptible isolates of 70 clinical *Pseudomonas aeruginosa*. *: Ciprofloxacin Cp, Aztreonam AT; Imipenem IP, Ceftazidime TZ; Cefepime PM, Gentamicin Gm, Amikacin Ak.

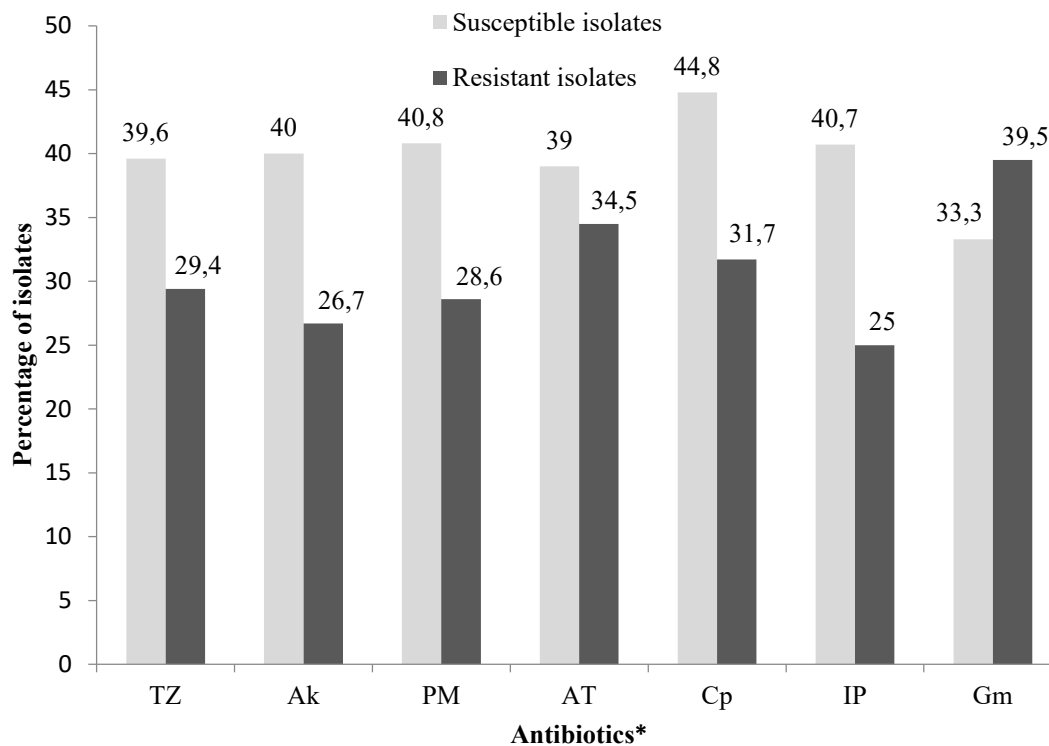
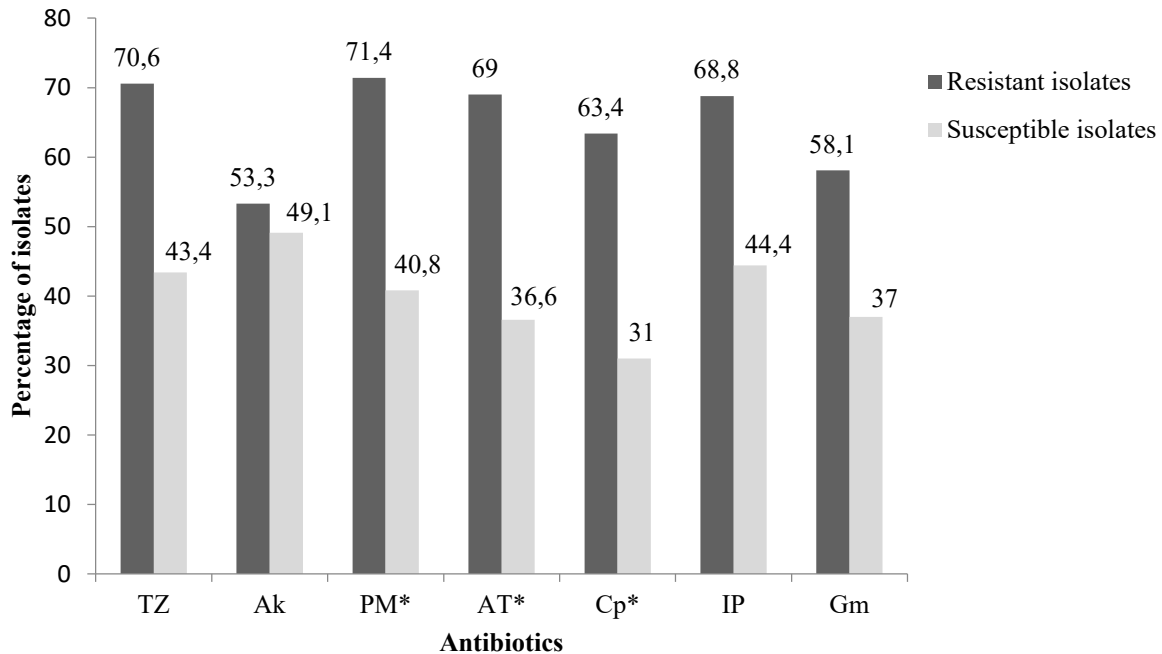


Figure 2. Prevalence of strong biofilm producers in antibiotic-resistant and susceptible isolates of 70 clinical *Pseudomonas aeruginosa*. Ciprofloxacin Cp, Aztreonam AT, Imipenem IP, Ceftazidime TZ, Cefepime PM, Gentamicin Gm, Amikacin Ak. *: *P* value less than 0.05.



TABLES

Table 1. Primer sequences, annealing temperatures and *expected amplicon size*

Target gene	Primer sequence (5'-3')	Annealing temperature (°C)	Size of fragments (bp)	Reference
<i>exoS</i>	CTTGAAGGGACTCGACAA GG/ TTCAGGTCCGCGTAGTGA AT	58	504	[37]
<i>exoU</i>	CCGTTGTGGTGCCGTTGA AG/ CCAGATGTTACCGACTC GC	61	134	[38]
<i>exoT</i>	CAATCATCTCAGCAGAAC CC/ TGTCGTAGAGGATCTCCT G	55	1159	[39]
<i>exoY</i>	TATCGACGGTCATCGTCA GGT/ TTGATGCACTCGACCAGC AAG	61	1035	[39]
<i>algD</i>	ATGCGAATCAGCATCTTT GGT/ CTACCAGCAGATGCCCTC GGC	57	1310	[40]

Table 2. Antimicrobial cross resistance pattern of ciprofloxacin-resistant versus ciprofloxacin -susceptible isolates of clinical *Pseudomonas aeruginosa*.

Agents	Resistance pattern*	In Cp- susceptible isolate (n=29)	In Cp- resistant isolate (n=41)	In total (N=70)
One	Cp	0	1	1
	Gm	6	0	6
two	AT, Cp	0	2	2
	Cp, Gm	0	10	10
Three	Ak, Cp, Gm	0	1	1
Three, MDR**	PM, AT, Cp	0	1	1
	AT, IP, Gm	1	0	1
	PM, Cp, Gm	0	1	1
	Cp, Gm, Pi	0	1	1
	AT, IP, Pi	1	0	1
	AT, Cp, Gm	0	1	1
Five, MDR	PM, AT, Cp, IP, MP	0	1	1
	TZ, PM, AT, Cp, Gm	0	5	5
	Ak, AT, Cp, IP, Gm	0	1	1
	Ak, AT, Cp, Gm, Pi	0	1	1
Six, MDR	Ak, AT, Cp, IP, MP, Gm	0	1	1
	Ak, PM, AT, Cp, IP, Gm	0	1	1
	TZ, Ak, PM, AT, Cp, Gm	0	1	1
	TZ, PM, AT, Cp, IP, Gm	0	1	1

Seven, MDR	TZ, Ak, PM, AT, Cp, IP, Gm	0	1	1
	TZ, Ak, PM, AT, Cp, Gm, Pi	0	2	2
	TZ, Ak, AT, Cp, IP, Gm, Pi	0	1	1
Eight, MDR	Ak, PM, AT, Cp, IP, MP, Gm, Pi	0	1	1
	TZ, PM, AT, Cp, IP, MP, Gm, Pi	0	2	2
	TZ, Ak, PM, AT, Cp, IP, MP, Gm	0	1	1
	TZ, Ak, PM, AT, Cp, IP, Gm, Pi	0	1	1
Nine, MDR	TZ, Ak, PM, AT, Cp, IP, MP, Gm, Pi	0	2	2

*: Ciprofloxacin Cp, Piperacillin Pi, Aztreonam AT; Imipenem IP, Meropenem MP; Ceftazidime TZ; Cefepime PM, Gentamicin Gm, Amikacin Ak. **: MDR: multi drug resistant.

Table 3. Virulence patterns of 70 clinical *Pseudomonas aeruginosa* isolates.

Virulence pattern	Isolates, N (%)
<i>exoS</i> +, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> -	15 (21.4)
<i>exoS</i> +, <i>exoY</i> +, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> -	5 (7.1)
<i>exoS</i> -, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> +, <i>algD</i> -	4 (5.7)
<i>exoS</i> +, <i>exoY</i> +, <i>exoT</i> +, <i>exoU</i> -, <i>algD</i> -	2 (2.85)
<i>exoS</i> +, <i>exoY</i> -, <i>exoT</i> +, <i>exoU</i> -, <i>algD</i> -	2 (2.85)
<i>exoS</i> +, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> +	2 (2.85)
<i>exoS</i> -, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> +	2 (2.85)
<i>exoS</i> -, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> +, <i>algD</i> +	1 (1.4)
<i>exoS</i> -, <i>exoY</i> +, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> -	1 (1.4)
<i>exoS</i> -, <i>exoY</i> +, <i>exoT</i> -, <i>exoU</i> +, <i>algD</i> -	1 (1.4)
<i>exoS</i> -, <i>exoY</i> -, <i>exoT</i> -, <i>exoU</i> -, <i>algD</i> -	35 (50)

METADATA

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TITLE PAGE

Title: Relationship between type III secretion toxins, biofilm formation, and antibiotic resistance in clinical *Pseudomonas aeruginosa* isolates

Running title: Resistance and virulence in *Pseudomonas aeruginosa*

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Declarations

List of abbreviations: T3SS: Type III secretion system; ExoS: Exoenzyme S; ExoU: Exoenzyme U; ExoT: Exoenzyme T; ExoY: Exoenzyme Y; PCR: Polymerase chain reaction; TSB: Trypticase soy broth; MDR: Multidrug-resistant; bp: Base pairs.

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